



BREAKFAST

SEPTEMBER 2023 RIVERSIDE MEADOWS SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelano@clark.k12.or.us

Monday

Tuesday

Wednesday

Thursday

Friday

**All meals are served with
the choice of
1% white milk or nonfat
chocolate milk.**

NO SCHOOL

4

Breakfast Sandwich
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

5

Bagel Pizza
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

6

Mini Pancakes
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

7

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

8

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

9

Pancake Wrap
Benefit Bar

11

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Cinnis
Benefit Bar

12

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Breakfast Pizza
Benefit Bar

13

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

French Toast
Benefit Bar

14

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

15

Breakfast Sandwich
Benefit Bar

18

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

French Toast
Benefit Bar

19

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Buttermilk Bar
Benefit Bar

20

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Assorted Muffins
Benefit Bar

21

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

22

Parfait and Graham
Benefit Bar

25

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Bagel Pizza
Benefit Bar

26

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Breakfast Sandwich
Benefit Bar

27

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Waffles
Benefit Bar

28

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

29

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



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Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

4

5

6

7

8

Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Corn Dog or
Pull Apart w/ Marinara
or Chef Salad
Tater Tots
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Pretzels

All meals are served with
the choice of
1% white milk or nonfat
chocolate milk.

Chicken Quesadilla or
Cheese Quesadilla
or Chef Salad
Black Beans
Seasoned Jicama – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

Rib-A-Que or
Soft Pretzel w/ Cheese
or Chef Salad
Broccoli – Green Salad - Carrots
Variety of Fresh Fruit
Ice Cream Cup

11

12

13

14

15

Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Chicken Strips or
Grilled Cheese or Chef Salad
Steamed Corn
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Scooby Snacks

Taco Pocket
or Bean & Cheese Burrito
or Chef Salad
Refried Beans
Cucumber Sticks – Salad - Salsa
Variety of Fresh Fruit
Tortilla Chips

Nachos
or Bean & Cheese Nachos
Steamed Corn
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Fruit Roll Up

Rib-A-Que or
Soft Pretzel w/ Cheese
or Chef Salad
Broccoli – Green Salad - Carrots
Variety of Fresh Fruit
Ice Cream Cup

18

19

20

21

22

Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Teriyaki Chicken Bowl or
Black Bean Rice Bowl
or Chef Salad
Stir Fry Veggies
Cauliflower – Salad - Carrots
Variety of Fresh Fruit

Spicy Chicken Sandwich
Soft Pretzel w/ Cheese
or Chef Salad
Broccoli – Green Salad - Carrots
Variety of Fresh Fruit
Ice Cream Cup

Taco Stick or
Cheese Quesadilla
or Chef Salad
Black Beans
Seasoned Jicama – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

Pulled Pork Sandwich or
Grilled Cheese or Chef Salad
Green Beans
Cauliflower - Salad - Carrots
Variety of Fresh Fruit
Chips

25

26

27

28

29

Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Chicken Nuggets or
Grilled Cheese or Chef Salad
Green Beans
Cauliflower – Salad - Carrots
Variety of Fresh Fruit
Scooby Snacks

Corn Dog or
Pull Apart w/ Marinara
or Chef Salad
Tater Tots
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Pretzels

Chicken Quesadilla or
Cheese Quesadilla
or Chef Salad
Black Beans
Seasoned Jicama – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

Cheeseburger or
Grilled Cheese
or Chef Salad
French Fries
Broccoli – Green Salad - Carrots
Variety of Fresh Fruit
Chips

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